

Young Carers are responsible for providing a range of tasks, that may include:

- Personal Care.
- Emotional and behavioural monitoring, including watching out for their family members' safety.
- Preparation and cooking of family meals.
- Administering medications, dressings and other health care treatments.
- Banking and budgeting for their families.
- Helping with mobility.
- Organising and providing transport.
- Cleaning and keeping the house tidy.
- Caring for siblings and/or extended family members.
- Organising appointments for family members and negotiating with health professionals and service providers.

