

## Possible Impacts of Caring on the Health and Well-Being of the Young Carer.

- Positive impacts of caring
- Physical Impact
- Emotional and Mental Health Impact
- Social Impact
- Impact on Formal Education

## Identification - you may notice that...

### Young Carers

- What is a young carer?
- How many young are carers there?

## How long does a young carer spend in their caring role?

## Young Carers' Responsibilities

## What Can Teachers/Welfare Support Workers Do to Support Young Carers?

- Be aware of the issues and challenges young carers face.
- Utilise individual learning plans
- Develop a supportive environment

## What Do Young Carers Want Their Teachers/Welfare Support Workers To Know?

## Some Important Do's and Don'ts

## Young Carers Related Resources

